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## Enduring Timing Outline Example

**Title:** Nutrition and Dietetics

**Start Date:** September 1, 2024

Book Review - Nutrition and Dietetics

- Word Count: 75,000
- Total CPEUs: 12.5 CPEUs
  - 75,000 words/100 words per minute = 750 minutes
  - 750 minutes/60 minutes per hour = 12 hours 30 minutes

Recorded Video Review – 10 hours

- Total CPEUs: 10

Post Assessment – 1 hour

- Total CPEUs: 1

**Total CPEUs Requested:** 23.5 CPEUS